



**Empowering People to Change the World**

**You Are a New Person!  
Part 2**

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## **Don't be Deceived - You are a New Person! Part 2**

### **Ephesians 4:25-32**

Ex. There is a story of a baby eagle that fell into a turkey flock. The eagle was raised by the turkeys. He ate and slept with the turkeys. He thought he was a turkey. Many times, he looked up into the sky to see the beautiful and powerful eagles flying high in the air nearby. He often wondered what it would be like to fly like an eagle. Little did he know that he had the wings and capacity to fly like an eagle, because he was an eagle.

Many are living like this as turkeys when you are an eagle.

- The Church has not taught you about who you really are “in Christ.”
- We are a new person! We have been born again to new life in Christ! Christ has set us free from the old life, the old habits, the old ways...

### **2 Corinthians 5:17**

*“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” NKJV*

**Don't be deceived by Satan. You are a NEW PERSON IN CHRIST.**

**This is about “how the new person walks out his/her life.”**

- You are a new person with a NEW HEART!
- You are a NEW CREATION in Christ.
- You don't have to keep doing the same old things!

- Ex. They say that the average person is set in his ways, his values, and his worldview after 25 years of age—you will not change unless one thing happens—TRAUMA.

## Seven Steps to the New You

### Verse 25

#### 1. Always tell the truth.

- It is not surprising that Paul begins with the mouth! James tells us that if we can control our tongue, we can control our whole body.
- Many of us still struggle with the axiom: “A profitable lie is better than a hurtful truth.”
- **Mother Teresa once said, “You want to be a good Christian? Every day spend an hour in prayer and always tell the truth!”**

### Verse 26

#### 2. Confess your anger.

- Anger is not in and of itself, a bad thing. Anger against unrighteousness and injustice is from God!
- But we all know that some anger is really bad, too. One bout of anger can ruin hundreds of times when you were kind.
- Paul is saying that the way you conquer anger is to confess it quickly!
- Ex. Liz and I try to not let the sun go down on our anger. We often have disagreements, and we work hard to take that to the Lord and each other quickly...

## Verse 27

### 3. Leave no room for the devil.

- Some of your translations state, “Do not give a foothold to the devil;” which is a good translation.
- It has the idea of a stirrup on a saddle...
- When we give our minds to the world through lusts, jealousy, envy, and bitterness, we are giving the devil a foothold! A hook into our lives.
- Ex. Illustration with my fingers of how demons work...

## Verse 28

### 4. Get back to work.

- Once again, quit stealing by going back to work!
- Get a job and work hard enough to even be able to give some away. That will conquer stealing! Giving...opposite spirit.
- God wants us to make enough to give away what you make! “Give to him in need.”

## Verse 29

### 5. Speak with grace.

- The tongue again! Use your mouth to build up others.
  - Edification is where we get the word “edifice,” a building. It has the idea of being “built up.” Build up the spirit of people! Encourage...in courage into people.

- Impart grace - blessing people with the blessings of God, unmerited favor, unconditional love.

## Verses 30-31

### 6. Stop grieving the Holy Spirit.

- Sandwiched in between these exhortations shows us just what grieves the heart of God
- Meaning, “to cause grief, sorrow” to God.
- Lying, anger, stealing from others, filthy talk, all grieve the heart of God.
- They are foreign to the holy nature of God!
- He goes on to emphasize what hurts God...

## Verse 32

### 7. Learn to be kind and tenderhearted.

- Once again, Paul is teaching us just what grieves the Holy Spirit.
  - Bitterness grieves the Spirit of God.
  - Wrath grieves the Spirit of God.
  - Anger grieves the Spirit of God.
  - Clamor grieves the Spirit of God.
  - Any evil speaking...
- He says “put it away” from you. You just can’t do that unless God fills you with His Spirit.
- You have to give God control of your life.

- Have you given control of your life to the Spirit of God?