

Empowering People to Change the World

The Sexual Revolution and a Debased Mind Steve Holt

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As a Bible Teacher, most of the time I love teaching God's Word. But as one who exposits God's Word chapter by chapter, and given we are in Romans right now, this set of verses is not one that I enjoy teaching at all.

But it is necessary because the terrible things in scripture are what lead us to the glorious things of God. It's kind of like traveling to ski in Colorado. When we are on I-70 we go through this stretch that is quite dangerous at times; the Eisenhower Tunnel is dark, tight, stinks with gas fumes, and is very long and congested.

Then you come out and immediately hit a dangerous downhill that if you're not careful can get you going too fast and it's also quite icy.

But it's necessary to get to the ski country. Because after that, the views are stunningly beautiful. But you must go through the treacherous ugly part to get to the beauty of the Rockies

So, it is with our passage today. We are looking at the wrath of God and the sin of man that hurts us...

The next fourteen verses are some of the most difficult in all the Bible.

A little Warning, for parents with young kids, I would rate my message today as PG-13. I will talk about sex in a few places because our passage does.

Burger King was the first to say, "Have it your way." No, God, in his great love for us, gives us the freedom to "have it our way."

- God so loves us that He gave us guard rails that guide us toward Kingdom of God Living.
- "...for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit." (Romans 14:17)
- And it is precisely because of His love that He instructs us from His Play Book, how to live and He doesn't want robots but men and women who have free will to make their own choices.
- Satan is cunning and crafty and has millions of years to perfect the trade of rebellion, addictions, and death!

 Our passage reads like a textbook in how the love and judgment of God work.

Read Romans 1:16-23

In our passage, the righteousness of God and the wrath of God are revealed.

 Our passage opens with verses 16-17 and we see how the righteousness of God is revealed and released in our hearts.

Author Brian Zahnd describes the wrath of God:

"The wrath of God is a Biblical metaphor we use to describe the very real consequences we suffer from trying to go through life against the grain of love. Canadian theologian Brad Jersak says, 'The wrath of God is understood as divine consent to our own self-destructive defiance.' When we sin against the two great commandments – to love God with all our heart and to love our neighbor as ourselves – we suffer the inevitable consequences of acting against love. We can call this the wrath of God if we like; the Bible does, but that doesn't mean that God literally loses his temper. God no more literally loses his temper than he sleeps, even though the Bible says 'The Lord awoke as from sleep.' Literalizing a divine metaphor always leads to error." (Brian Zahnd, Sinners in the Hands of a Loving God, p16-17)

I spoke on this two weeks ago, entitled "No Excuses."

- He still loves us.
- In Genesis 3 we see God's heart. Adam and Eve had sinned; they had chosen the way of Satan, the cunning serpent.
- But look how God came! He called out to Adam "Where are you?"
 - God doesn't curse Adam and Eve.
 - He curses the serpent.
 - He curses the ground.
- Jesus is always calling out for us to repent and be restored to the Kingdom of God way of righteousness, peace, and joy.
- The story of the Prodigal Son is the story of a father longing for, looking for, and excited to have his wayward son back.

• 2 Peter 3:9 "The Lord is not slack concerning *His* promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance."

From verse 18 onward we see how the wrath of God is revealed and released over us as individuals and over a nation.

From the classical Greek, "suppress the truth," implies *hold down* like a helmsman with his hand on the rudder of the ship who is fighting to keep the boat going in a direction opposite the current. Man actually fights to have his way against the current of God's righteousness.

Satan always suppresses truth.

Big Media, Big Gov, Big Pharma and Big Tech all <u>censor free speech</u> because they have something to hide! You don't censor something or someone unless you fear what they have to say.

Jesus said, "Satan does not stand in truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of lies." (John 8:44)

"You shall know the truth and the truth shall set you free!" (John 8:32 NIV)

- We are going to tell the truth today.
- It may be really hard to hear.
- All of us have had some experience of sexual brokenness...

Step by Step Regression into a Debased Mind:

Step 1: Suppress truth. (Verse 18-20)

Step 2: Futility of thoughts. (Verse 21)

 When you have no truth to guide you, you move toward anarchy in your mind and in society—we become confused; logic is perverted because we now don't have a rudder; we don't have truth.

Step 3: Idolatry of people. (Verses 22-23)

Our idols become people, the human body...

Crossing the rubicon of God's giving us over to our passions.

God says, "Have it Your Way...I give you freedom to have what you want."

Romans 1:24-25

Step 4: God gives people over to uncleanness and lusts of the heart.

God gives people (nation) over to uncleanness and lusts of the heart. (vs. 24-25)

- We've all been influenced by the sexual revolution.
- The rise of pornography, divorce, teen pregnancy, abortion, and all extramarital sexual behavior moved into light speed because of the sexual revolution.

The Sexual Revolution started with Alfred Kinsey.

- In 1948 and 1953 a two-part cultural phenomenon took place with the publication of the monumental works of Alfred Kinsey on male and female sexuality, Sexual Behavior in the Human Male and Sexual Behavior in the Human Female.
- One writer wrote "More than any other documents in history, they have shaped Western Society's beliefs and understanding of what human sexuality is."
- The New York Times hailed Kinsey as the "father of the sexual revolution."
- According to an article in Esquire magazine, Kinsey was the "patron saint of sex," whose books set in motion "the first wave of the sexual revolution."
- The Kinsey Report on sexuality inspired Hugh Hefner and his *Playboy* magazine—Hefner wrote in his first issue "We believe...we are filling a publishing need only slightly less important than one just taken care of by the Kinsey Report."

The Kinsey Report and books exploded upon the culture. Writing in *HARPER'S MAGAZINE*, Albert Deutsch exclaimed, "The Kinsey survey explodes traditional concepts of what is normal and abnormal, natural and unnatural in sex behavior."

Kinsey skewed the studies, lied about findings, and at time, simply made up the data he published.

Kinsey admitted that he set out to destroy the biblical Judeo-Christian view of marriage and sexuality.

- According to the *Irish Times* Kinsey believed in the rape of children (over 300 molested in his studies), bestiality, sadomasochism, and along with his wife regularly had sex with their clients and researchers.
- Between 1938 and 1963 over 18,000 persons were interviewed for their sex histories. What came to light later was that they were not a random selection but rather were chosen only after being interviewed. Rather than a true sample of society, Kinsey and his team chose a large percentage of convicted sex offenders, prisoners, and prostitutes for their research.
- But the damage was done. The sexual revolution in America had begun and it has never waned.
- Himself a pedophile, bi-sexual, and voyeur, Kinsey's false reports and deceptive research has, according to Dr's. Judith Reisman, John Court, and Gordan Muir, <u>been catalytic</u> to "the rise of divorce, sexual promiscuity, sexually transmitted diseases, illegitimate births, cohabitation, pornography, homosexuality, sadomasochism, rape, child molestation and sexual crimes of all types, family breakup, endemic violence, etc. could all be attributed to the scandalous research undertaken by Kinsey."
- Kinsey's research was not even checked until much later.

Kinsey, the academic community, and the media "suppressed the truth in unrighteousness," leading to "uncleanness and the lusts of the heart, to dishonor their bodies among themselves."

"Uncleanness in the lusts of their hearts"—casual sex (the Hook Up Culture).

- According to statistics on STD transmission, half of all sexually active people will get an STD by the time they reach twenty-five. Women are more at risk from STDs than men.
- New data published by the CDC estimate that on any given day in 2018, one in five people in the U.S. had a sexually transmitted infection (STI).
- More than 500 million people 15–49 years old are estimated to have a genital infection with herpes simplex virus (HSV or herpes).

Jesus says, "the enemy (Satan) comes to steal, kill, and destroy, but I have come to give you life and life more abundantly." (John 10:10)

It is devastating! It is destructive! Is the proper response to say it's okay or that it's unnatural, insatiable, destructive and Christ is your only hope? Which is more compassionate? Which is more loving?

Verses 26-27

Step 5: God gives people over to vile unnatural passions.

- God has a divine order for men and women:
 - o Genesis 2:24-25

"Therefore <u>a man</u> shall leave his <u>father and mother</u> and be joined to <u>his</u> <u>wife</u>, and they shall become <u>one flesh</u>. And they were both naked, the man and his wife, and <u>were not ashamed</u>."

God's design for one man to marry one woman and enjoy each other throughout a lifetime!

- Augustine, who had a homosexual relationship before he was converted, said, "I contaminated the spring of male friendship with the dirt of lust."
- Homosexuality is against nature and contrary to divine and human custom.
- Thomas Aquinas in the twelth century said, "The vice of homosexuality is against nature and a slap in the face of God."

Rosaria Butterfield, former Lesbian, and professor at Syracuse University has said, "Homosexuality is not the core of our rebellion against God; a desire to be God is. A desire to be the one who gets to declare good and evil, 'play judge rather than be judged.' A desire to use God's creation for our own gratification rather than with pleasure, for his glory."

So it is with a heavy heart that I share these statistics...

The American Psychological Association acknowledge "higher rates of anxiety, mood and substance abuse disorders, and suicidal thoughts among people ages 15-54 with same-sex partners and higher use of mental health services in men and women reporting same-sex partners." One study showed that 40.2% of homosexual men consider suicide compared to 7.2% of the heterosexual population.

I will share statistics we have from The Alliance for Therapeutic Choice and Scientific Integrity in researching homosexuality.

It consists of a <u>strikingly greater incidence of a wide range of mental</u>
<u>health disorders</u> – specifically substance abuse, depression, and suicidal
ideations; but also extending to pathological risk-taking, high breakup
rates of relationships, and sexual addiction.

This is a synthesis of the literature derived from hundreds of sources:

- Despite knowing the AIDS risk, homosexuals repeatedly continue to indulge in unsafe sex practices.
- Homosexuals represent the highest number of STD cases.
- More than one-third of homosexual men and women are substance abusers.
- Homosexuals are more likely than heterosexuals to have mental health concerns, such as eating disorders, personality disorders, paranoia, depression, and anxiety.
- Homosexual relationships are more violent than heterosexual relationships.
- Societal bias and discrimination do not, in and of themselves, contribute to the majority of homosexual mal-adaptivity.
- Lesbian women are at nineteen times greater risk of getting syphilis than heterosexual women.
- San Francisco, one of the most openly gay cities in America, compared to the national average, has twice the rate of infectious Hepatitis A, three times the rate of Hepatitis B, and twenty-two times the rate of venereal disease.

A British gay lifestyle magazine called, *Attitude*, recently discussed "the worrying high rates of mental health and dependency problems among gay men..."

The gospel message is not "Let the gay become straight" but "Let the dead—and that's **all** of us—become alive in Christ."

We are called to love this hurting community with the love of God.

Step 6: God gives people over to a debased mind.

In Hebrew, "debased" (*adokimos*) means the deterioration of the mind—the weakening of the mind.

The truth is, the most powerful sex organ in your body is your brain!

- The psychological impact upon us from casual sex is becoming more clear. In the book, *Hooked* obstetricians and gynecologists Joe McIlhaney Jr. and Freda Mckissic Bush did groundbreaking research into the brain and sexual activity.
- They found that sexual activity releases chemicals in the brain, creating emotional bonds between partners.
- Breaking these bonds can cause deep depression and make it harder to bond with someone else in the future.
- Chemicals released in the brain during sex can become addictive.
- The brain is not fully developed until a person reaches their mid-twenties. Until then, it is harder to make wise relationship decisions.

A Few Facts Related to their Study.

- 1. Boys and girls who had sex were more likely to be depressed and suicidal.
- 2. Those who had sex with multiple partners before marriage had difficulty bonding with one partner after marriage.
- 3. Those who chose to only have sex with their marriage partner were more well-adjusted, less depressed, and more able to adapt to life's struggles than those who had sex with multiple people.

Understanding the Neuroanatomy and Chemistry of the Brain.

- The prefrontal cortex is important in control and judgment, it is what separates us from the animal kingdom. Our decision-making abilities are determined in the prefrontal cortex.
- Nucleus accumbens → play a central role in the reward circuit.
- Ventral tegmental area (VTA) → dopamine rich nucleus; dopamine is produced here.

- Dr. Hilton writes, "When a stimulus from the cortex comes into the brainstem, the VTA causes dopamine to be released from the ends of the nerve cells, where it crosses the synaptic cleft (space between nerve cells) and binds to receptors on the pleasure cells in the nucleus accumbens."
- There are five primary chemicals released through sexual arousal and response—the most significant being dopamine—the chemical of rewarddriven behavior. Every type of reward that has been studied increases the level of dopamine transmission in the brain.
- Dopamine is clearly one of the most important neurochemical messengers in the brain. It is dopamine that causes us to take risks like leave home, take a job, have a child, and choose a mate.
- It is the reward system of the brain that can also be very destructive if it's not disciplined: leading into pornography, casual sex, and excessive drinking from the *high* one gets by doing risky things.
- This is the same as such addictive drugs as cocaine, amphetamines, and methamphetamine.
- Dopamine has been called the *novel chemical/drug*. Dopamine surges when a person is exposed to novel stimuli, particularly if it is sexual.
 - Any kind of sex releases dopamine.
 - Pornography releases dopamine.
 - Pornography today is way more interesting than in the past because of what experts say is "unending novelty."
 - Coolidge Effect—is the idea that the novel drug in our brain is dopamine and dopamine needs more and more novel experiences to reach the same levels of release—a person can see more novel bodies in twenty minutes with the click of the mouse than their parents saw in a lifetime!
 - Erotic imagery triggers dopamine more than actual sex with a familiar partner and leads to arousal addiction and teaches the brain to prefer an image and become less satisfied with the real-life sexual partner.
- And it <u>actually rewires</u> your brain—dopamine digs ditches in the prefrontal cortex of the brain. The brain is rewired with each click of the mouse

leading to a desire to be more alone, voyeurism, need for constant novelty, shock, and surprise.

- Arousal addiction is associated with ADHD, social anxiety, depression, performance anxiety, and OCD.
- A dopamine surge results in a binge mechanism (which kicks in a molecular switch called <u>DeltaFosB</u> which accumulates) leading to cravings for more.
 - This changes the structure of the brain leading to binging and cravings for more.

Oxytocin is another neurochemical that is critical in understanding how the brain works during sex.

- Oxytocin is active in both genders, but it is primarily active in females.
- The female body uses oxytocin in reproduction, breastfeeding, mother and child bonding, and most important for our study today...BONDING between two people.
- Oxytocin is released into the brain in meaningful touching and sexual activity because it is a <u>bonding and trust neurochemical</u>.
- This is God's Design! The release of dopamine for the excitement and joy of sex. The release of oxytocin for bonding two people together for long term connectiveness.
- For men the neurochemical vasopressin works similar in the male as oxytocin does in the female.
- Our brain was made for connectiveness, for bonding.
- The studies show that short term sexual hook-ups are breaking the oxytocin bond, and even the brain molding bond that has formed. This can often lead to mental confusion, depression, anxiety, and suicidal ideations.
- A Depraved Mind is the result!

That's the bad news. The good news is...

You can REWIRE your Brain!!

"I beseech you therefore, brethren, by the mercies of God, that you <u>present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable</u>

<u>service.</u> And do not be conformed to this world, but be transformed by the <u>renewing of your mind</u>, that you may prove what is that good and acceptable and perfect will of God." (Romans 12:1-2)

https://theroad.org/conference/

God, Sex, and Science January 27-28, 2023

From the sexual revolution of the '60s to the hook-up culture of the 2000s, many of us are experiencing the backlash of a culture thrown into crisis and chaos. We have ALL been impacted! At this conference, we desire to clarify how the subjects of God, Sex and Science converge to provide new and hopeful solutions for our lives. Truth sets us free and will empower us. We desire to empower you to navigate God's design for a Kingdom of God Revolution of life through speakers like Melissa Ohden and Lisa Davis. Our conference will also include a panel of experts on subjects relating to the matters of life, addressing openly your questions and concerns. Be encouraged and grab some hope!