



Empowering People to Change the World

Bring It On By Maximizing Your Time

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Bring it On by Maximizing your Time

In this new year you have to take on a NEW Mindset: Bring it on!

- The year is over. A new year begins tomorrow. I love this time of year because it's called "New Year," I like the word NEW:
 - A new start.
 - A new schedule.
 - A new outlook.
- The most common gift given to all men on all the earth is TIME.
 - All of us have different heights, families, ethnicities, skin color...
 - All of us have the same commodity and it's TIME.
 - The billionaire and the beggar both have 24 hours every day.
- What you are and what you become depends on how you use your time.
- Time cannot be stopped; but you control it.
 - You can't stop a day or hour, but you can control how it will be used. It's controllable.

We measure life by time.

- We tell people our age. Life is the passing of time. what you become is totally dependent on how your use your time.
- We wear a watch; we keep a schedule; we have appointments.

What you do with time determines your destiny.

A New Year is an opportunity to:

- 1. Reevaluate your life.**
- 2. Reassess your relationships.**
- 3. Reprioritize your future.**
- 4. Redefine your spiritual and vocational purpose.**
- 5. Refresh your physical, emotional, and mental health.**

We are passing into a new year. We are put here to live a portion of time. Time is the limited period we have on the earth in the midst of eternity.

“I have seen the God-given task with which the sons of men are to be occupied. He has made everything beautiful in its time. Also He has put eternity in their hearts” (Ecclesiastes 3:10-12).

- The word “beautiful” is the same word for *mature*. In other words, time is given to use to do something beautiful with our life. To grow in maturity with our lives.
- God gave us time to experience eternity while on the earth. Eternal life began when you gave your heart to Christ. We are experiencing eternal life right now with the purpose that we mature in our time.

**“Since his days are determined,
The number of his months is with You;
You have appointed his limits, so that he cannot pass” (Job 14:5).**

- God has a limit on your life that you cannot exceed. You’re here right now because your time is not over.

**“Show me, Lord, my life’s end
and the number of my days;
let me know how fleeting my life is” (Psalm 39:4 [New International Version]).**

- Life is flying by. Soon it will all be over. How will you use your time?
- Last year, I lost my house, my job... Whatever happened in the past is in the past. It’s now the future. It’s a **new year**.
- Time separates your past from your present and future!

Time is a currency. Time is used to buy life. Time determines everything. Time is powerful.

Write this down:

Time Gives You Time to Change, 5 Questions for the New Year:

- 1) What kind of a relationship with God do you want to have this time next year?**

- 2) What do you want to look and feel like this time next year?
- 3) What kind of a marriage do you want to have this time next year?
- 4) If you are single and want to be married, what kind people do you need to be hanging around in 2024?
- 5) What kind of friendships do you want to have this time next year?

Time is more important than money. That's why you've heard, *time is money*.

Time is the most important currency you have. You *spend time* the right way and it will change your life.

Time is the currency of your destiny!

People are willing and anxious to improve their circumstances but unwilling to improve themselves. Thus, most people remain bound.

Turn to Ephesians 5:14-17

“Therefore He says:

**‘Awake, you who sleep,
Arise from the dead,
And Christ will give you light.’”**

- Notice the progression. We must “awake” from our sleep and then Christ will give light.
- The *wake-up call* is for all of us!

Verse 15

“See then that you walk circumspectly, not as fools but as wise,”

- *Circumspect* means to consider circumstances and consequences of our actions. It means diligence in doing the right thing.
- It seems that how we use our time determines whether we are fools for wise.

Verses 16-17

“redeeming the time, because the days are evil. Therefore do not be unwise, but understand what the will of the Lord *is*.”

Deem means to *own*.

Redeem means to reown or recontrol.

Use this next year to make up for what you lost. Re-own it. Re-control it.

- You do have control of your time. It's one of the last great freedoms. How you use your time is in your hands.
- You will have to work harder and think more. The hardest thing to get people to do is think.

I learned to redeem my time as an athlete in high school. In my sophomore year, I began to believe that I could be the Georgia State All-Around Champion win a full scholarship to college. So I began redeeming my time....

I got saved and I took that discipline into my Christian life. When my buddies were out drinking I was reading my Bible. When my friends were always finding a person, breaking up with that person, I was guarding my heart and going on mission trips. The only place I had time to meet Liz was as a Bible Smuggler in China!

I used my time differently! And I created my destiny!

- Maybe you've been knocked to the canvas this year, get back up!
- You only redeem your time by renewing your mind!

My main responsibility as a Pastor is to challenge The Road how to think.

How do we change ourselves? By maximizing our time!

Five Tips for Maximizing Your Time in 2024

Master your Time, Master your Destiny

1) Start each day walking in the Light.

- Some of us have been starting each day in the darkness. We are on a road to some really big problems and disappointments. If we follow the path of 2023, there could be disaster in 2024.
- Why not start each day with light on your life?
- Jesus can light up your day.

Listen to what I'm about to say! This one practice could change your life!

John 1:4

“In Him [Christ] was the life, and the life was the light of men. And the light shines in the darkness.”

Ephesians 5:8

“For you were once darkness, but now *you are* light in the Lord. Walk as children of light.”

- Turn on your light when you get up. It wakes you up.
- Wake up with a light to shine on your path for that day.

Psalm 119:105

**“Your word *is* a lamp to my feet
And a light to my path.”**

George Washington – “It is impossible to rightly govern the world without the Bible.”

John Adams – “The Bible is the best book in the world. It contains more ...than all the libraries I have seen.”

Thomas Jefferson – “The Bible makes the best people in the world.”

Douglas MacArthur – “Believe me, sir, never a night goes by, be I ever so tired, but I read the Word of God before I go to bed.”

- Just like a lamp, it only shows you the next steps on a dark journey through the woods.
- Get up and dive into PB&J every morning.
- Get out your journal.

Start the new year with light. Come tonight as we Worship and Pray in the New Year

2) Work-out your problems.

- If you don't work-out your problems, you will have a lot of them.
- The best way to oxygenate your brain and keep improving your IQ is through working out.

- You don't need a gym membership, you need discipline. Start at home doing some exercises you enjoy...
- Start with taking a walk each day! Vitamin D will heal many of your problems.

A little done consistently is better than a lot done sporadically.

- My work-out...
- Start an exercise routine you can follow.
- You may need to adjust your diet to better eating.

3) Build Bloodstained Allies.

- There are some relationships you need to drop in 2024. They didn't help you in 2023, they aren't going to in 2024
- There are some relationships you need to develop in 2024.
- You need true Bloodstained Allies.
- **Time gives you the opportunity to change relationships!**
- **Come to Wholehearted Men and Wholehearted Women**

4) Read and listen.

- Make something beautiful. Keep learning. Keep maturing.
- Read great books. Listen to excellent podcasts.
 - Biographies, science, self-help...
- I have a list of books I'm planning to read this year.

5) Say *Bring it on* when troubles come.

- Expect problems. When you get knocked down, get back up.
- Expect that you will get knocked down this year. Expect that you will get back up!

Next Week: Bring it On: What's the Purpose of Hardships & Trouble?

Graphic for New Year's Eve Prayer and Worship

Start the New Year in a *new* way. Join us tonight and make a statement. I'm going to REDEEM my time and begin the new year with Prayer and Worship! Join us.